



## Positive Discipline Policy

### Raab Montessori Academy

Raab Montessori Academy follows a positive discipline policy that reflects the developmental needs of children by age and individual circumstance. This method of discipline maintains the respect of all children through nurturing their development of self-control and emotional-regulation. When discipline is required to manage a situation, the child is first addressed privately regarding the undesirable behavior and redirected to an appropriate behavior. Implementation of replacement behaviors is consistently used to put unwanted behaviors on extinction. If the child becomes dangerous or disruptive, he/she may be removed from the group to a place where he/she can calm down and practice self-regulation techniques such as, breathing and mediation exercises. The child may decide to rejoin the group at any time, as soon as he/she feels calm and ready to maintain the expectations of appropriate behavior.

For aggressive behaviors, the parent will be notified of the incident via phone call. For reoccurring behaviors that are overly aggressive or disruptive in nature, a running record will be documented of the date and time of each incident and background information surrounding the occurrence of the incident. At this time Raab Montessori staff will work with the parents to develop a specific and individualized positive discipline plan for the child.

Children should not be disciplined for failure to sleep, eat, or toilet. Food and outdoor playtime should not be taken away as a means of discipline unless the child is putting him/herself, or another child, at risk. All Raab Montessori staff is required to understand and implement this positive discipline policy.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_